

Art on the Box! Call for Murals to Brighten Utility Boxes

The Town has a new program to support public art and to beautify the community and neighborhoods using murals. "Inspired by You" has been created to focus on community pride and enhancing visual aesthetics in town. The primary goal is to bring art to unexpected places. The Town Administrator's Office has partnered with the Mass Cultural Council to make this program possible. This year up to four utility boxes along Essex Street will be chosen to be transformed into works of art. Artists interested in applying for this year's program should visit the Town website here.

2023 HUMPHREY STREET MURALS









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Swampscott Giving Opportunities

Anchor Food Pantry has urgent needs

Swampscott's <u>Anchor Food Pantry</u> is located at 86 Burrill Street and is open for assistance Mondays 11 AM-1 PM and Wednesdays 6-8 PM. The Pantry also offers Senior delivery service. To arrange for delivery, email <u>anchorfooddelivery@gmail.com</u>





Want to support the pantry? You can donate in-person at the Pantry on Mondays 10 - 11 AM and Wednesdays 5-6 PM. Or, you can leave your items at the Town Hall donation station, on the first floor in front of the fireplace. Suggested donations include: canned soups and stews, veggies, tuna, and chicken; cereal, granola & cereal bars, pasta,

beans (canned or dry) and hygiene products (toothpaste, toothbrush, soap, shampoo, deodorant, shaving cream and razors. There is a special immediate need for pasta, cereal, breakfast/granola bars, rice and oatmeal.

You can also make a <u>financial donation to the pantry</u>, or you can <u>sign up to</u> volunteer!

Incontinence Briefs and Diapers Needed

Support the Senior Center and Anchor Pantry with donations of adult incontinence briefs and baby and children's diapers. Drop off at Town Hall in the lobby across from the fireplace.



Coat Collection at Town Hall

Are your closets packed with coats your family has outgrown? Switching over clothes for warmer weather? Donate your coats! Bring your donations to Town Hall lobby in front of the fireplace. Coats will be cleaned at Anton's Cleaners of Lynn and distributed in the Lynn—Swampscott area. This is a great way to give back locally!



Swampscott Volunteer Opportunities

DONATE TIME BY SERVING ON A TOWN COMMITTEE...

Swampscott residents serve on a range of committees dedicated to maintaining and improving our community. These committees are actively seeking new members. To volunteer click here.

- Andrews Chapel Restoration Committee seeking a new member
- Climate Action Plan Committee seeks a High School student (see below)
- Conservation Commission seeking alternate and High School students (see below)
- Commission on Disability is looking for 2 members
- · Council on Aging needs 1 member
- Cultural Council seeks 7 members
- Earth Removal Advisory Committee seeks an Excavating Engineer
- Town Election Review Committee seeks a 16-17 year old resident
- Zoning Board of Appeals looking for 1 new member



COMMITTEE OPPORTUNITIES FOR SHS STUDENTS

Conservation Commission

SHS students in grades 10-12 are invited to join the Commission as a youth member for a set period of time. Students will be mentored by a Commission member, and participation may be counted toward the volunteer work graduation requirements if applicable. Participants gain real-life learning about the functioning of local government and an understanding of the Massachusetts Wetlands Protection Act, the state law governing protection of wetlands and other natural resources.



Participation involves attending public hearings (typically held remotely once a month) and the chance to go on site visits and research issues of interest to the Commission. Students take part in Commission proceedings and discussions and interact with Commission members but can not legally have a formal vote in any decisions made by the Commission. Information about the Commission can be found at the Commission's website. To apply, contact the Commission's Agent, Marissa Meaney, at mmeaney@swampscottma.gov or 781-596-8829 x 1271.

Climate Action Plan Committee

SHS students interested in the work of the Climate Action Plan Committee are invited to apply. Contact Martha Schmitt at capc@swampscottma.gov.

VOLUNTEER AT THE SENIOR CENTER

Volunteers play a vital role at the Center. Examples of volunteer opportunities include: Front Desk, Kitchen Help, Special Events, Shopping Escorts, Bingo Callers and Instructors. Please contact Sonja Nathan at 781-596-8866 x 3225 for more information or to sign-up.

Town Hall News

ASSESSOR NOTICE: BOAT EXCISE FORMS DUE BY JUNE 10TH

A boat excise is assessed by the community where the boat is habitually moored, docked, or principally situated for the summer season. July 1 is the assessing date. The tax rate is \$10.00 per thousand dollars of value, assessed for the privilege of using the waterways. All persons owning a boat on July 1 must file a declaration with the Board of Assessors of the community in which the vessel is principally moored, docked, or situated on or before August 1.



For information on boat excise, contact the Assessor's office with any questions at (781) 596-8850 x 1278 or click here.

WELCOME NEW HIRES

Please extend a warm welcome to these new faces to the Town staff team:

Kerri Roberts Jean Whelan Matt Deiulis

Benefits Coordinator Administrative Assistant DPW Administrative Assistant Police

SELECT BOARD RECOGNIZES NEW EAGLE SCOUT ELLIOT PULASKI

Congratulations to Swampscott's newest Eagle Scout, Elliott Pulaski. Elliott's service project involved working with his Scout troop and friends to survey 174 trees across Swampscott for the Swampscott Tree Database.

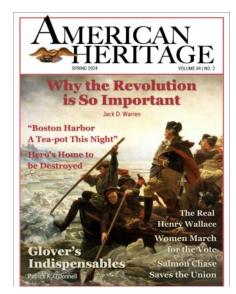
In recognition, the Select Board issued Elliott a Community Achievement proclamation.

Great work, Elliott!



Historical Commission News

AMERICAN HERITAGE MAGAZINE FOCUSES ON GENERAL JOHN GLOVER



American Heritage Magazine's Spring issue is devoted to the American Revolution and General John Glover. Multiple articles address the importance of Glover and his regiment, from Patrick K.

O'Donnell's "Glover and the 'Indispensables' Save Washington's Army", to a "Save the Glover" editorial by Ed Grosvenor, and an article by Nancy Schultz, Chair of the Swampscott Historical Commission.

Click here for more information.

General John Glover



Community & Economic Development Events



- Buy a Used Bike from Friends of the Swampscott Rail Trail
- Go home with a FREE American Hornbeam tree from the Tree Committee
- Meet intertidal animals from the Northeastern Marine
 Science Center!



INFORMATION and KIDS ACTIVITIES FROM:

- Swampscott Library
- Swampscott Conservancy
- Save King's Beach
- SPUR
- · The New Yankee Garden
- And MORE !!!

THIS IS A FREE EVENT FOR ADULTS & KIDS RAIN DATE: SATURDAY, MAY 4TH

Community & Economic Development Events

TOWN HOSTS EARTH FEST AND THE HUNGRY HERON

This year, with assistance from local photographer and artist, Stefanie Timmermann, Swampscott will welcome the Hungry Heron sculpture installation to Town Hall lawn. This captivating piece serves as a powerful reminder of our interconnectedness with nature and the importance of preserving our precious ecosystems.

The Hungry Heron sculpture installation will be on display on the Swampscott Town Lawn starting April 5th offering residents and visitors alike the chance to admire its beauty and reflect on the importance of protecting our planet for future generations.









Department of Public Works News

SEAWALLS AND SIDEWALKS: HUMPHREY STREET IMPROVEMENTS

Humphrey Street readies for summer with finalizing seawall repairs on King's Beach and expanding the sidewalks between St. John's Church and Redington Street for enhanced summer dining. Great job by our Department of Public Works!







Photo credit: Lynn Item

Does your basement flood? Let the DCR know

If you've experienced basement flooding due to groundwater in your neighborhood, please take a few minutes to complete the Massachusetts Groundwater Flooding Survey. Your experiences can help DCR gather accurate data on the prevalence and impacts of groundwater flooding and can inform potential solutions.

Your input matters! This information will be crucial in developing effective strategies to mitigate flooding and protect homes in our community and beyond. Access the survey here.

Town Committee News and Events





The Swampscott microForest, Walker & Paradise Roads

Planted in May 2022, this triangular space of unused town property at the intersection of Walker & Paradise Roads was transformed into a mini forest called the *Swampscott microForest*. Based on research conducted by Japanese botanist *Akira Miyawaki*, this dense planting of native tree and shrub seedlings in a very small space will grow into a mature forest in 20 years.

Vegetation planted densely will stabilize and regenerate the soil while growing tens times faster than a natural forest. Within 3 years, weeds are suppressed and natural succession takes over.

As the first Miyawaki forest on the North Shore, it boasts more than 750 trees, shrubs and woodland perennials native to Essex County, as well as a native pollinator garden.

A collaboration between the Town of Swampscott, the Tree Committee and the SC, the microForest project is a direct action as part of the 2023 vResilient Swampscott Climate Action Plan

Did You Know?



Collection of Atlantic Horseshoe Crab is PROHIBITED April 15 - June 7. Salem Sound Coastwatch needs your help by reporting sightings online: https://arcg.is/OrgH5f



Swampscott Conservancy Youth Conservation Grant Program

The SC is announcing a <u>Youth Conservation</u> <u>Grant Program</u> designed to provide support to Lynn and Swampscott Middle and High School students who wish to make positive environmental change in their community and more broadly across New England.

Students in grades 6 to 12 are eligible to apply for funds to support a project aimed at making a difference in our natural world. Individual students or groups and their adult mentor are welcome to apply on a rolling basis.

Grant awards, ranging up to \$500, can be used to support a variety of projects ranging from conservation improvements on public lands to education & outreach programs to support the community. What is most important is that your project is making a positive environmental difference in the community!

Apply today: <u>tinyurl.com/SCyouthGrant</u>, or email <u>info@swampscottconservancy.org</u>



New Chronolog Station Installed, Fisherman's Beach, Easy as 1-2-3

"[A] Chronolog is a monitoring tool for parks, nature centers, wildlife organizations, schools, and museums worldwide. With over 100,000 contributors across 300 organizations, <u>Chronolog.io</u> is on a mission to engage communities with nature while recording important natural changes."

Hosted by the SC in collaboration with the Town of Swampscott, the focus of **Station SCC-201** (above) centers on our coast & harbor, the <u>Swampscott Fish House (c.1896)</u>, and the Albert J. Williams Town Pier (c. 1961). The Swampscott Fish House is a registered national landmark and the oldest municipally owned working fish house in the country. The harbor is home to one of the most significant <u>eelgrass beds</u> found on the North Shore.

Adding photos to **Station SCC-201** is as easy as 1-2-3: place phone, snap photo, send email! As more and more of *your* photos are added, we will be able to collectively create a *time-lapse* view of how the changing shoreline is impacted by seasonal "wicked" high tides (aka "King tides") as well as dangerous storm surge. These high tides provide our community with a window into how sea level rise will look in the coming years.

As our town plans for the impacts of climate change though implementation of the 2023 Resilient Swampscott Climate Action Plan, photos like yours will provide valuable evidence for citizens and scientists alike to help understand and protect our beloved Swampscott Harbor.

swampscottconservancy info@swampscottconserva

The Swampscott Conservancy is a 501(c)3 with the mission to help support the Town of Swampscott in the preservation of our conservation lands and open spaces through education, research, and active stewardship.

Town Committee News and Events

SWAMPSCOTT CONSERVANCY EVENTS

Spring Events

2024

brooksby farm walk*
04 1:00 pm | peabody

May

family-friendly birding 7:30 am | marblehead neck

Mount

nahant heritage trail walk*
18 1:00 pm |nahant

May

monthly meeting 3 6:30 pm | TBD

Juno

Bike the Salem Bike Path
1:00 pm | Pickman Park

*Walks begin at 1:00pm, are of easy difficulty, and should take approx. 1 hour (2-3 mi).



Impscott For information & to sign up visit swampscottconservancy.org/events

Town Committee News and Events

TREE COMMITTEE TO REDEDICATE TOWN ARBORETUM ON MAY 25TH

As part of its Memorial Day Commemoration, the town will hold a rededication ceremony for the Swampscott Arboretum on Saturday, May 25th at 11 a.m. on the Town Hall lawn.

Swampscott Has An Arboretum?

Many residents may be surprised to learn that the town has an arboretum. It was first described in a 1945 report by the town's park commissioners and included 43 trees to be planted the following year

with bronze plaques to identify the trees, donors, and person in whose memory it was planted. Many of the trees were donated in memory of fathers, sons, and brothers, who, it is believed, were being honored for their war service. Some trees were dedicated to individuals' family members.

Though several of the original trees remain, and more have been added to the area since the 1940s, the existence of the memorial plaques was largely forgotten until 2021. In September 2021, a forklift crashed through the floor of the town garage and 38 of the plaques were discovered in the basement. Some of the plaques have now been reinstalled and 11 new trees were planted last year, funded by a matching grant from the MA Department of Conservation and Recreation.



A survivor from the original arboretum is the fine horse chestnut tree planted in memory of Michael J. Paradise, who was killed in action in Normandy in 1944

Join The Ceremony

The rededication ceremony will include remarks on the history of the arboretum by members of the Swampscott Tree Committee. Mike Sweeney, the veterans agent for Lynn and Swampscott, will honor the veterans memorialized there. More information on the arboretum, including photos, can be found here.

CLIMATE ACTION PLAN COMMITTEE: NATURAL RESOURCES AS CLIMATE HEROES

Spring is the perfect time to appreciate Swampscott's many natural resources and to reflect on their role in our ongoing efforts to mitigate climate change. *Resilient Swampscott*, our town's Climate

Swampscott's natural resources enhance community resilience.

-Swampscott Climate Action Plan, Goal #4

Action Plan, is a framework to make our community stronger, healthier and more resilient. And also a framework for reducing our contribution to climate change - and ensuring equitable access and protection to open spaces, tree canopy, habitats and water resources.

Actions taken include planting 75 trees in 2023 to replace those lost to damage or age to increase diversity in our tree canopy. A healthy tree canopy is essential for ecosystem health, as well as for human health and well-being. Learn more about our climate action plan focus areas <u>click here</u>.

Veteran News and Events



1 May

HERO MEALS MONTLY FOOD MARKET

3:30-6 pm

Military Friends Foundation, 212 Humphrey St

8 Мау **VETERANS COFFEE**

10-11 am

Café Avelino, 242 Humphrey St

9 May **DECORATING OF VETERANS GRAVES**

6 pm, Swampscott Cemetery.

Meet at Veterans Section to gather flags. All welcome.

16 **May** VETERANS BENEFITS FOR SENIORS

2pm

Swampscott Senior Center, 200R Essex St

25 May MEMORIAL TREE ARBORETUM DEDICATION

11 am, Town Hall Lawn.

All are welcome. See story in this issue.

27 May

MEMORIAL DAY CEREMONY

10 am, Swampscott Cemetery

Please feel free to contact the Lynn/Swampscott Department of Veterans' Services with any questions at (781) 586-6911 or check us out on Facebook at Facebook.com/LynnSwampscottVets

SAT. MAY 18, 2024, 3:30 pm

Swampscott High School

Swampscott's Community Jazz Orchestra



Playing Selections from "Such Sweet Thunder" by Duke Ellington BIG BAND

General Admission - \$10 Youth and Seniors - FREE

Get your tickets now by emailing joe@bluebigband.com

The Swampscott BLUE BIG BAND is supported in part by a grant from the Swampscott Cultural Council, a local agency which is supported by the Mass



BAND MEMBERS

Timo Shanko, Director
Khalil Abraham
Aria Pace Balliro
Owen Begin
JoE Douillette
Tia Etsey
Sara Ewing
Mathew Jensen
Erik Lawless
Terry Lorber
Don McElroy
Michael McClung
Jake Piascik
Valerie Sweeney

The Swampscott BLUE BIG BAND is also supported by
The Swampscott Public Schools
The Town of Swampscott
The members of the Blue Big Band

bluebigband.com

facebook.com/BlueBigBand





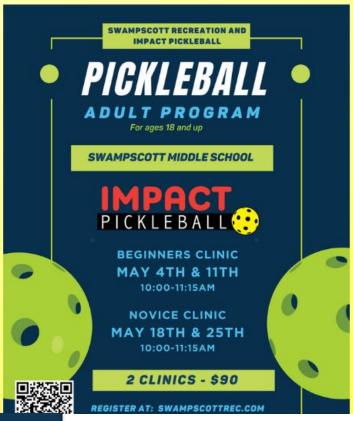
Save the Dates Town Events

May 13th	Town of Swampscott Gold Tournament Fundraiser at Tedesco Country Club
May 27 th 10 am	Memorial Day Ceremony at Swampscott Cemetery
June 1st	Pride Celebration on Town Hall (time TBD)
June 8 th 12-4pm	Harbor & Marine Fest at Fisherman's Beach
June 9 th 10am - 1pm	Swampscott Farmers Market Opening Day (runs through October 27)
June 12 th 1-3 pm	Juneteenth Celebration at Town Hall Lawn
June 15 th 8am – 12pm	Townwide Yard Sale
June 23rd 4-8pm	Strawberry Festival on Town Hall Lawn
July 3 rd 5-9pm	Fireworks Festival on Town Hall Lawn
July 10 th 6:30 - 8:30 pm	Summer by the Sea Concerts on Town Hall Lawn (Wednesdays through Aug. 14)
August 10 th 12-4pm	Humphrey Street Block Party
September 7 th 4-8 pm	Swamptoberfest on Town Hall Lawn





For more information and to register, visit: www.swampscottrec.com







PRIDE DAY IS JUNE 1ST, 4 - 7 P.M.

Join us on the Town Hall Lawn in a Celebration of the LGBTQ+ community! Run with Pride kicks off at 4:00 pm. There is also the annual festival featuring complimentary face painting, lawn games, and entertainment, as well as food, treats and a beer garden.

The Run With Pride 5K is open to runners and walkers. The race and walk are free to enter, and T-shirts will be given to the first 100 registrants.

Those interested in running can register here.







Mark your calendars for the return of the

Swampscott Farmers Market!
Opening Day is June 9
Sundays 10 a.m. - 1 p.m. Town Hall Lawn



Upcoming Recreation Events



REGISTER NOW FOR SUMMER PROGRAMS FOR KIDS AND ADULTS!

Don't miss out by waiting too long. Programs include (all listings are hyperlinks!):

Elementary School-Aged Programs

- USTA Tennis in the Parks
- Chess Wizard Week
- Demolition Robots STEM Program
- Premier Martial Arts- New students only
- Summer Youth Cooking Clinic
- Top Secret Science and Math Clinic Grades K-4
- Youth Summer Art Program

Middle School-Aged Programs

- USTA Tennis in the Parks
- Demolition Robots STEM Program
- Youth Sailing

- Stand Up Paddle Board Children's Program
- Summer Youth Cooking Clinic
- TV Studio Production
- Youth Summer Art Program

Adult Classes & Activities

- Glow SUP Tours
- Adult Sailing

Preschool-Aged Programs

- Multi-Sport Tots with SkyHawks
- Preschool Arts & Crafts Program
- Preschool Top Secret Science and Math
- Super Soccer Stars 2-5 Year Old

And there's more! Visit Swampscott Recreation for more information.

SWAMPSCOTT GARDEN ART WALK SATURDAY JUNE 29TH,



CALLING SWAMPSCOTT ARTISTS!

Share your creations in local gardens

CALLING SWAMPSCOTT GARDENERS!

Share your natural wonders, big and small

This year's Garden Art Walk will be bigger than ever with gardens, art, and activities across our entire town and two shuttles providing transportation on a loop through the day. Registered artists and gardeners will have the opportunity to win prizes donated by LOWE'S®, one of our generous sponsors. Please consider registering your art and/or garden (any size or type of garden), for the third annual GARDEN ART WALK!

Terrific Prizes from event sponsor, LOWE'S' will be drawn throughout June.

Registered gardeners/artists are eligible. Prizes include:

- ◆ LOWE'S® Blackstone 30" Culinary Griddle \$399 value
- ♦ \$100 LOWE'S® Gift Certificate
- ◆ LOWE'S® Kobalt Blue Zipper Tool Bag filled with assorted gardening tools
- Assorted Tall Pots of Perennials and Flowers
- Assorted Garden Accessories

To all artists who don't have a garden:

Many gardens are hosting several artists. Claire Donnelly's Open Studios on Eastman Avenue is where several artists can be found. Hannah Cloud Sharpless and Fran Levy-Freiman are hosting several artists on Reid Terrace and Ruth Rooks will be showcasing Swampscott Art Association works in her beautiful gardens on Puritan Lane,



while plein-air painting demonstrations will take place through-out gardens in the Monument area. (While ReachArts cannot guarantee a garden for your art, we will try our best to find a beautiful spot!)

Register by May 31st!

Register your window box, planter, or garden. This will put you on the printed and online maps and make you eligible for LOWE'S prizes. Click Here

Senior Center News and Events

NEW TRIPS PLANNED THROUGH PARTNERSHIP WITH ALL AROUND NEW ENGLAND TRAVEL

The Senior Center is excited to announce their new partnership with Cheryl Toby and All Around New England, a travel company that provides day-long excursions within Massachusetts and beyond. Six trips are planned for 2024:



- Lobster Roll Cruise on Cape Cod in May
- Clambake in Maine/Isle of Shoals Cruise in June
- Simon & Garfunkel/James Taylor Tribute show (Springfield, August)
- Show featuring the Edwards Twins in Wrentham (September)
- Fall Foliage excursion in New Hampshire (October)
- Xmas Festival at Mohegan Sun (November)

More detailed Information is available at the Senior Center. To register, please contact Cheryl Tobey at 617-846-5965 or email: allaroundnewengland@verizon.net

PILOT PROGRAM WITH LOCAL RESTAURANTS TO BECOME AGE AND DEMENTIA FRIENDLY

Swampscott for All Ages is working with local businesses and organizations to become more understanding of the needs faced by our older family and friends and those living with dementia.

Three local restaurants have stepped up to be pilot sites. We are thrilled to work with the owners, staff and management teams to ensure better understanding of the needs and challenges faced by people who may be more frail and/or are living with dementia. Kick-off events are planned at each of these three restaurants. Please join us for a celebration and light refreshments!

- Cafe Avellino where kicks off this "Forget Me Not Initiative" on April 23 at 3:00 pm
- Mission on the Bay will host the second kick-off on May 7 at 3:00 pm.
- **Periwinkles** will also pilot this initiative. Join us to recognize their efforts on May 9 at 3:00 pm.

Thank you to Seaglass Village volunteers who will help us roll out this endeavor.



Did you miss the conference in February? You can still catch up on the valuable presentations and conversations, including **Dr. Wayne Saltsman**'s, <u>If There Were Only A Geriatrician Downstairs</u>, **Sarah Hartline**, Esq on <u>Estate Planning Basics for Seniors</u> and a <u>panel of professionals</u> who addressed the spectrum of care for those who wish to remain at home.



Public Library News and Events



THE DELVENA THEATER COMPANY PRESENTS:

Mangia, Meatballs and Murder!



A racy, interactive and hilarious murder mystery.

From robbery to murder - Who dunnit? You decide! Set in an Italian Ristorante serving up some spicy experiences and one character winds up with the cold plate on a marble slab!

Thursday, May 9th 6:15 PM Register online at swampscottlibrary.org



Check the library website

swampscottlibrary.org

or call 781-596-8867

for updated information on

programs and events.



Public Library News and Events

SOURDOUGH STARTER WORKSHOP TEACHES RESIDENTS TO BAKE THEIR OWN SOURDOUGH!



YOU CAN SUPPORT THE SWAMPSCOTT PUBLIC LIBRARY

Make a Financial Donation

Friends of the Swampscott Public Library is a 501c3 non-profit dedicated to supporting the library by purchasing museum passes, providing a monthly newsletter, and finding adult and children's programming. The *Friends* accepts financial donations.

Swampscott Public Library
Investment Trust is also a 501c3
dedicated to funding major capital
improvements to the library. To
donate, contact the library director.

General Monetary Gifts are welcome and can be approved for both restricted and non-restricted use.

Spring Flower & Plant Sale Choose from a beautiful selection of flowers, vegetables, fruit & herbs Order before May 15th - items will start shipping April 1st Purchase spring flowers: http://swampscottLibraryFriends.fpfundraising.com

Enhance Your Garden...Order by May 15

For more information on ways to support the library, including purchasing items on their <u>Amazon</u> Wishlist, contact them at 781-596-8867 or visit the website.

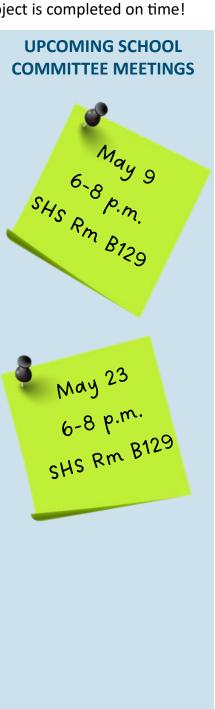
School News and Events

IT'S LOOKING LIKE A SCHOOL.....

This past month all elementary school teachers had the opportunity to tour the new elementary school and the amazing spaces they will be working in starting the 2024-2025 school year. Curbing, sidewalks, fences and grass are being installed. Also, the gym floor is being laid, plumbing is being hooked up, and painting and tiling are progressing inside.

The continued seamless collaboration of the construction and design teams, Owners Project Manager Hill-LiRo, School Building Committee and Town ensure this project is completed on time!





Police News & Events

NATIONAL DRUG TAKEBACK DAY AND SWAMPSCOTT'S EVERYDAY TAKEBACK

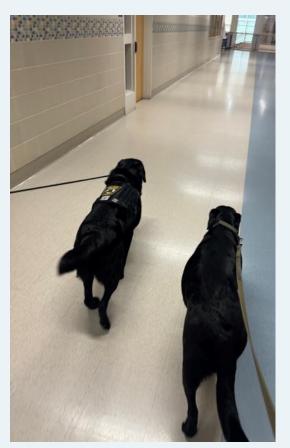
The drug overdose epidemic in the United States is a clear and present public health, public safety, and national security threat. DEA's National Prescription Drug Take Back Day reflects DEA's commitment to Americans' safety and health, encouraging the public to remove unneeded medications from their homes as a measure of preventing medication misuse and opioid addiction from ever starting.

Swampscott offers Drug TakeBack every day. The Swampscott Police Department has a drug drop-off box at all times inside the lobby of the police station at 531 Humphrey Street. Residents are encouraged to bring in medication at anytime for disposal. The only items **NEVER** accepted are needles of any type. Liquid medication is accepted but needs to be placed in a sealable ziplock bag to prevent leaks.



COMFORT DOG SORA AND FRIENDS HELP WITH STUDENT STRESS

As part of mental health awareness month, the students at Swampscott High School were surprised by Sora and her friends Derby from Salem PD and Charlie from Revere PD. This was the conclusion of a month-long initiative to help students learn to deal with stress - for which the K9s were the final stage to help the students to decompress.





Sora (right) with friends Charlie (left) and Derby (center) at Swampscott High School

Swampscott Trash & Recycling

UPDATED RECYCLING GUIDANCE

Have you wondered if what you put in your bin is actually making it through the recycling process? Follow this guide so your recycling efforts are not in vain! Here are some additional tips:

- ⇒ Anything smaller than a credit card will slip through the sorting machinery and will be discarded
- ⇒ Place lids of tin cans inside the can itself, squeeze inward to close so the lid does not fall out
- ⇒ Keep bottle covers attached to the bottles (plastic or glass)
- ⇒ Empty pizza boxes with some grease is okay (if a section is soaked with grease, tear it off)
- ⇒ Remove food scraps and liquids from containers
- ⇒ Although some thin, stretchy plastic bags may be recycled at



most grocery or big-box stores, no type of plastic bag may go in the recycling bin

RECYCLING CENTER VISIT

Members of the Swampscott Waste Advisory Committee (SWAC) visited GreenWorks, a recycling facility in Danvers on April 9th. GreenWorks collects and sorts plastics, paper, glass, and metal waste collected from residential households in town. The tour of operations demonstrated how these recyclable materials are processed. SWAC members, joined by Select Board Members David Grisham, Doug Thompson and several residents, toured the GreenWorks facility.

Tractor-trailers brought waste to the facility and were weighed before and after delivering their contents. Backhoe loaders then deposited the trash inside a warehouse-like building several stories high, which housed equipment to process the waste. Conveyor belts with prongs protruding and spinning from the belt separated the different materials of incoming trash, magnetized conveyor belts separated metal from other types of recyclables.



GreenWorks facility in Danvers

The system was coordinated so the process worked seamlessly **UNLESS** plastic bags were mistakenly put in recyclable trash containers. The bags wrapped around the prongs, congesting and ultimately halting the entire production line. So please be careful - **DO NOT put plastic bags in your recycling!**

2024 REGULAR TRASH HOLIDAY DATES

Pick-up will be delayed by one day on the day of the following holidays and for the remainder of that holiday week

January 15	February 19	April 15	May 27	June 19	July 4
September 2	October 14	November 11	November 28	December 25	

YARD WASTE COLLECTION WEEKS

Pick-up will occur on your regularly scheduled collection day during the following weeks

April 22	April 22 June 3		September 9
October 21	November 11	December 9	

METAL RECYCLING & STYROFOAM DROP-OFF DATES

8 am-12 pm (Weather Permitting)

March 30	April 27	May 25	June 29	July 27
August 31	September 28	October 26	November 30	December 28

COMPOSTING

There are two free <u>composting stations</u> at Swampscott Police Station and at the Dog Park or sign-up for weekly Black Earth's paid curbside service.

CLOTHING/SMALL HOUSEHOLD ITEMS

Schedule a free pick-up from simplerecycling

MATTRESSES

Recycle your mattress or box spring by purchasing a mattress recycling sticker from Town Hall or <u>online</u>. Items will be picked up curbside on the 2nd and 4th Saturday of each month (Note: new fee of \$30 per piece)

OTHER BULK ITEMS

Swampscott has arranged for pickup or drop-off of appliances, burnables, items with freon and more. <u>Check the website for more information.</u>

Check out the Town website for more information on Trash and Recycling



Upcoming Meetings

Up-to-date Information about Town of Swampscott Public Meetings can be found at: Town Meetings on the Town website.

CLICK HERE TO SIGN UP FOR IMPORTANT TOWN NOTICES AND THIS NEWSLETTER THROUGH CODERED

OTHER NEWSLETTERS:

SWAMPSCOTT RETIREMENT NEWSLETTER

COUNCIL ON AGING NEWSLETTER

WEBSITES OF INTEREST:

Town of Swampscott
Swampscott Senior Center



IMPORTANT NUMBERS

CUSTOMER SERVICE (781) 596-8850 ASSESSOR (781) 596-8850 (781) 596-8857 BUILDING COMMUNITY DEV. (781) 596-8829 **DPW** (781) 596-8860 **FACILITIES** (781) 596-8850 FINANCE (781) 596-8877 FIRE (781) 595-4050 or 911 HEALTH (781) 596-8864 (781) 596-8810 **HUMAN RESOURCES** LIBRARY (781) 596-8867 (781) 595-1111 OR 911 POLICE **RECREATION** (781) 596-8854 (781) 596-8827 RETIREMENT SENIOR SERVICES (781) 596-8866 **TOWN ADMINISTRATOR** (781) 596-8850 **TOWN CLERK** (781) 596-4167 **VETERANS** (781) 586-6911

TOWN WEBSITE:

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