## Swampscott for All Ages Committee Meeting Minutes, February 15, 2023

**Attendees**: Michele Audet, Alyce Deveau, Patricia Hines, Jenn Nisbet, Bob Powell, Claire Regan, Margaret Somer, Sue Sussman, Heidi Whear

Absent: Kevin Breen, Marzie Galazka, Joan McCormack, Bill Quinn

Meeting called to order at 7:03 pm

Minutes from Jan. 18 meeting approved

## **Domain Updates**

**Housing:** Goal is to have less restrictive ADU regulations developed and approved at Town Meeting. SfAA members encouraged to provide input to planning board.

ADU education and information sharing continues: ADU event with planning board representative at senior center taped and posted on Swampscott You Tube page; panel discussion with ADU experts held at High School on Jan. 30.

Affordable housing: Hadley School could be an option. Heidi Whear is organizing a tour of Hadley on Feb. 23, 1:30 pm. Heidi also met with chair of Housing Authority's Tenants' Association.

Developer looking to raze 491 Humphrey and build affordable units.

**Transportation:** Swampscott Senior Center (SSC) van will pick up seniors at Housing Authority buildings twice a week.

SSC exploring possibility of renting out vans to generate revenue; MA Dept of Transportation would like to get vans out on the road more.

Exploring potential grant opportunities for additional transportation options.

**Outdoor Space and Buildings**: Project to identify all bus stops and which have shelters could be a project for Girl Scouts or Boy Scouts community service project. AARP grant money available to fund a walkability project; Michele Audet will explore.

**Social Participation:** Temple Sinai workshop on aging, Jan. 20-22, went well; Seaglass Village Souper Saturday event on Feb. 11 was well attended.

## **Community and Health Services: Caregiver Conference Planning**

Scheduled on May 6, 10 am – 3 pm, Swampscott High School Program in development, speakers being confirmed and will cover various topics, including: developing an aging plan; geriatric health care continuum, GLSS overview; caring for the caregiver story telling/comedy; preparing for Medicaid; de-prescribing meds; housing alternatives; AARP HomeFit program; creating a village/how to ask for help.

Box lunches will be served in atrium, where various vendors will display services; developing list of outlets for marketing and communications outreach; sponsorship opportunities available; First Light will provide on-site caregiving services

Caregiver Conference planning meeting will be held virtually on March 1, 5 pm.

## Other Business

Black History Month event on Monday, Feb 27, 7 pm at First Church Congregational will feature music, poetry, history and discussion.

SURE (Swampscott Unites, Respects and Embraces diversity committee) is organizing a "Tell Us Your Story" project to collect information on early ancestors; library will archive stories.

Friends of the Library is hosting a fundraiser on March 31 featuring an improv group.

Next meeting: March 15, 2023, 7 pm, in person at SSC.

Adjourn: 8:40pm