

**Swampscott for All Ages Committee**  
**Meeting Minutes, January 18, 2023**

**Attendees:** Michele Audet, Alyce Deveau, Patricia Hines, Joan McCormack, Jenn Nisbet, Bob Powell, Bill Quinn, Claire Regan, Sue Sussman, Heidi Whear

Absent: Kevin Breen, Marzie Galazka, Margaret Somer

Meeting called to order at 7:03 pm

Minutes from Jan. 4 meeting approved

**Domain Updates**

**Housing:** Bill Quinn

- ADU presentation at Sr. center well attended;
- Town holding upcoming idea summits on Hadley and Hawthorne properties to solicit ideas for use
- Swampscott planning board will hold an ADU presentation featuring an expert from AARP and an ADU builder on Monday Jan. 30, 7 pm at the High School; recruiting attendees; encourage neighbors and friends to attend
- Habitat for Humanity will be moving a historic house near Elm St and converting it to four affordable units
- Local developer offered temporary use of 491 Humphrey St. Committee discussed possible use for refugee housing until site is developed; shower would have to be added and would need to insure the building.

**Transportation:** Bob Powell, Pat Hines

Contacted Norman Abbott in US Rep. Moulton's office about funding for ride share project; next round of grant money will be used to increase fleet size; Swampscott could be included but would need to fund operating expenses.

Burlington COA has a transportation program in partnership with Lyft and Go-Go Grandparents for low-income seniors disabled people older than 18 yrs. The first \$1 is paid by rider, next \$10 by city, balance paid by rider. They average about 12 rides/day; town contributes about \$84,000/yr.; Swampscott would probably need lower operating budget. Seeking more information from Lyft and Go-Go Grandparents. Consider requesting funds from town in next budget or apply for AARP grant to conduct a pilot program in Swampscott.

**Outdoor Space and Buildings:** Marzie Galazka

Friends of the Senior Center in favor of supporting proposal for larger senior center in the Hadley building.

**Social Participation:** Alyce Deveau

Temple Sinai in Marblehead is holding a weekend workshop, Jan. 20-22 featuring Rabbi Laura Geller, author of Getting Good at Getting Older

**Community and Health Services:** Sue Sussman, Joan McCormack, Kevin Breen,  
Supporting planning of May Caregiver Conference.

**Communication and Information:** Jenn Nisbet, Claire Regan

Will be developing demonstration videos on how to stay connected with town news and events

**Respect and Inclusion:** Alyce Deveau

Dementia-friendly group designed business-size cards to inform restaurant servers when a patron has cognitive issues; includes pointers for enhancing service. Cards are available at senior center for distribution; will include in Caregiver Conference and add a PDF to the Facebook page and COA website

**Other Business**

**Caregiver Conference Planning**

Scheduled on May 6, 10 am – 3 pm, Swampscott High School

Potential Topics

Medical

How to identify and manage dementia: speaker from BU or Alzheimer's Assn

Geriatric Care Management: Salem State speaker

Finances – Bob

Attorney to discuss legal and medical documents to have in place

Services

GLSS director, Cathy Burns – Heidi

SHINE- Heidi

YMCA Cornerstone

Elder Care attorney

How to apply for health care services – Joan

Housing and Care

Fall prevention, activities of daily living

Home Fit – Heidi

ADUs

Caring for the Care Giver  
Mary from Care Dimensions  
Caregiver stress – Sue

Keynote  
Charlie Baker or other official  
Dr. Saltzman All Care – Joan

Logistics Meeting: Jan. 26, 5 pm – Heidi, Bob, Pat, Sue

Set up Google docs – Bob

Flyer and promotion – Jen, Claire

Capture and amplify info from conference; videotape sessions

Recruit vendors – Michelle, Danielle

Next meeting: Feb. 15 2023, 7 pm

Adjourn: 8:40pm