

# Support Group

## For patients with Metastatic Breast Cancer Stage 4 Breast Cancer

(breast cancer that has spread to other parts of the body).



Relaxed environment with open discussions, creative activities, and therapeutic programs. Easily accessible location in Wilmington, MA. Our support group is FREE and ALL are welcome.



You are not alone on this journey.  
Meet friends who understand.  
Find hope for the future.

To join our support group, please contact our facilitator, Melissa Audier, LICSW by:

Phone: 978-604-5802 (talk or text)  
Email: audier@verizon.net

### Benefit from our additional FREE programs:

**Retreats** - Enjoy several retreats each year at beautiful locations with meaningful activities, relaxing treatments, and delicious organic food.

**Symptom Management** - Benefit from helpful therapies such as massage, acupuncture, reflexology, and others that you choose.

**Scholarships** - Attend local and national conferences, workshops and seminars. Join classes such as yoga, pilates, swimming, and others that you choose.

[hopeandfriendship.org](http://hopeandfriendship.org)

Follow us on Facebook! 



**Hope and Friendship**  
Metastatic Breast Cancer Foundation<sup>SM</sup>

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