



Town of Swampscott

OFFICE OF THE Health Department

TRASH & RECYCLING DIVISION

Jeff Vaughan – Director of Public Health

CURBSIDE RECYCLING

Note: Currently, curbside recycling is collected each week on your regular curbside trash collection day. MA-DEP has banned all recyclables from the regular trash stream.

All recyclables must be placed in a recycle barrel or bin that is clearly labelled as “RECYCLE” or has a large recycle symbol on the container. The Health office can provide a large “recycle” sticker if you would like to use a non-conventional container.

Please **do not** place **any** plastic bags (Ziploc, trash bags, grocery shopping, dry cleaning, etc.) into recycle bin. Please **do not** place **any** Styrofoam (polystyrene) into the recycle bin.

Cardboard Boxes

All cardboard boxes need to be broken down and placed in recycling container. Boxes larger than 3ft x 3ft must be reduced to the 3x3 size. If broken down (flattened) cardboard does not fit in bin, either place it under bin OR if there are numerous boxes, tape or tie together and place under or on top of bin.

Please remove portion of pizza boxes that are soiled with grease (bottom section?) as well as any food material and place in regular trash. Unsoiled boxes or box tops can be recycled.

Plastic

All plastic containers marked with #1-7 inside recycle symbol on bottom of container need to be recycled. Please rinse out containers.

Do not place motor oil containers, Styrofoam or plastic bags, or rigid plastic (see rigid plastic link).

Aluminum / Tin

All beverage cans, metal food cans, empty aerosol cans, aluminum trays and foil (clean). Rinse out, labels can stay on.

Do not place paint cans, coat hangers or any other metal not listed above.

Paper

“If it rips, recycle it”. See recycle calendar for list of acceptable items and how to prepare.

If placing shredded paper out, please enclose it inside of a paper bag.

Do not place cereal box liners, waxed paper products, aseptic juice boxes, or used paper plates, paper towels, paper cups, etc.

Glass

All bottles and jars (all colors and sizes), rinse, labels can stay on.

Do not place light bulbs, window glass, dishes, glasses, mirrors, or other glass items or broken glass in bin.