



# SWAMPSCOTT

## NEWS AND ANNOUNCEMENTS

### MAY 2022

#### TOWN OF SWAMPSCOTT PUBLIC CALENDAR

ALL MEETINGS AND AGENDAS ARE  
POSTED UP TO 48 HOURS IN ADVANCE  
ON THE TOWN'S WEBSITE

REMOTE MEETING INFORMATION WILL BE  
POSTED ON THE TOWN'S ONLINE  
CALENDAR & AGENDAS

MEETING & EVENT UPDATES:  
[SWAMPSCOTTMA.GOV/CALENDAR](https://www.swampscottma.gov/calendar)

EVENTS  
JUNE 4<sup>TH</sup> PRIDE DAY CELEBRATION,  
1PM-3PM, TOWN HALL LAWN

JUNE 6<sup>TH</sup> ANNUAL GOLF TOURNAMENT  
TO RAISE FUNDS FOR JULY 4<sup>TH</sup>

JUNE 11<sup>TH</sup> FIRST ANNUAL TOWN-WIDE  
YARD SALE, 8AM-NOON

JUNE 12<sup>TH</sup> OPENING DAY OF THE  
FARMER'S MARKET. THE FARMER'S  
MARKET IS HELD EVERY SUNDAY ON THE  
TOWN HALL LAWN THROUGH OCTOBER  
30<sup>TH</sup>

JUNE 16<sup>TH</sup> JUNETEENTH CELEBRATION,  
TOWN HALL LAWN, 1PM-3PM

SUMMER HISTORY FESTIVAL:

JUNE 25<sup>TH</sup> HARBOR FESTIVAL,  
FISHERMAN'S WHARF, 10AM-2PM

JUNE 26<sup>TH</sup> STRAWBERRY FESTIVAL, 4PM-  
8PM

## SELECT BOARD

Former Select Board members Donald Hause & Polly Titcomb received chairs in honor of their years of service to the Town of Swampscott at Town Meeting



The 2022 Town Warrant, including Fiscal Year 2023's budget, was approved at a marathon one-night Town Meeting on Monday, May 16<sup>th</sup>. Thank you to all of our Town Meeting members & volunteers who helped make this happen.

The BIG news of the night was the announcement of the Town's potential acquisition of three parcels of land to be used for open space: 2 parcels on Archer Street, totaling almost 10 acres, and the site of the Hawthorne by the Sea Restaurant! There will be updates as these potential acquisitions move forward on the Town's website as well as on the Town's Facebook page. There will also be a special Town Meeting on Tuesday, June 14<sup>th</sup>, to fund the acquisition of these parcels. Select Board member Peter Spellios did a slide presentation at Monday's Town Meeting. To watch Peter's presentation, please copy & paste this link into your browser:

<https://www.facebook.com/SwampscottMA01907/videos>

With the help of High School sophomores, Sam Snitkovsky and Yaroslava "Petey" Shirayeva, Select Board Vice-Chair Neal Duffy was able to get the Town's Climate Action Plan Resolution approved!

IMPORTANT NUMBERS:

RESIDENT CUSTOMER SERVICE

(781) 596-8850

ASSESSOR'S (781) 596-8850

BUILDING (781) 596-8857

COMMUNITY DEVELOPMENT

(781) 596-8829

DPW (781) 596-8860

FACILITIES (781) 596-8850

FINANCE (781) 596-8877

FIRE

(781) 595-4050 OR 911

HEALTH (781) 596-8864

H.R. (781) 596-8810

LIBRARY (781) 596-8867

POLICE

(781) 595-1111 OR 911

RECREATION (781) 596-8854

SENIOR SERVICES (781) 596-8866

TOWN ADMINISTRATOR

(781) 596-8850

TOWN CLERK/ELECTIONS

(781) 596-4167

VETERANS (781) 586-6911

TOWN WEBSITE:

[WWW.SWAMPSCOTTMA.GOV](http://WWW.SWAMPSCOTTMA.GOV)

FACEBOOK:

[WWW.FACEBOOK.COM/SWAMPSCOTTMA01907](http://WWW.FACEBOOK.COM/SWAMPSCOTTMA01907)

# EARTH FEST



## Letter of Thanks To Ocean Bay Girl Scouts

On behalf of myself and leadership in Swampscott, I want to thank the Girl Scouts of Ocean Bay for their commitment to protecting our oceans and planet from excessive contamination of plastics. From talking with the Girl Scouts of Ocean Bay, I learned that small changes to our purchasing habits such as purchasing laundry detergent sheets rather than plastic laundry detergent bottles as well as using reusable sandwich bags rather than single use bags are just two examples that can help stem the tide while reducing the proliferation of single use plastics in society. There is much to do and more to learn and I look forward to the town, with the help of our younger and engaged citizenry, continuing to challenge the status quo and affect true environmental change.

So many folks asked where to buy all these great sustainable alternatives, so we wanted to give you a short list:

New England Apothecary; The Hiccup Inc.; MacRae's Sustainable Goods; Whole Foods Market Unpacked Living; Lush Cosmetics North America; Well Earth Goods; PlanetBox; Who Gives A Crap and Trader Joe's

*David Grishman*, Select Board Member

## Mass. Mom Creates Nationwide Free Formula Exchange Platform to Help Families During Baby Formula Shortage Crisis

*FreeFormulaExchange.com Trying to Meet Needs of 1000s of Families Searching for Baby Formula*

**[Boston, Mass., May 17, 2022]** – A mother from Swampscott, Mass., Keiko Zoll, has single-handedly launched [FreeFormulaExchange.com](http://FreeFormulaExchange.com), a nationwide mutual aid platform connecting families who need baby formula to people who have excess or surplus formula to donate. Zoll, who works in non-profit communications, felt inspired to create a simple solution to such a complex problem after listening to a podcast describing the severity of the shortage and the intensity of need among families.

“I was just gutted listening to these mothers tell their stories of desperately trying to keep their babies fed,” says Zoll, whose son was born 6.5 weeks prematurely in 2013. After a fraught breastfeeding experience, her son needed supplemental formula and then an exclusively formula diet in order to thrive. At the time, she needed specialty formula that was difficult to find. **“I’ve been there; I’ve been that mom.** I know how stressful it is just trying to keep your child fed. I can’t imagine being that same mom of a preemie now during a national formula shortage.”

Inspired by her volunteering and activism work, Zoll has emphasized that **Free Formula Exchange is 100 percent free for anyone to request or donate formula.** While users must create an account to access the databases of formula requests and donations, it does not cost any money. “It was important to me to design a solution that removed the marketplace from the transaction,” says Zoll. “I’m outraged and disgusted by reports of people price gouging cans of formula for hundreds of dollars online. It’s exploitative and these parents in need already have enough to worry about. Cost shouldn’t be a barrier to feeding their children.”

Since launching on Friday, May 13, the platform’s reach has grown exponentially. **To date, the site has collected more than 3,000 requests for baby formula from all 50 states.** For every 10 requests for formula, there has been only about 1 person available to donate. Zoll hopes to shrink that ratio so that more families can get formula faster. She also is looking for volunteer support to help her scale the site and sustain it for the foreseeable future. As a working mother, she is careful to recognize there’s only so much one person can do. “It truly does take a village, whether it’s raising a child or building out a mutual aid movement,” says Zoll.

She continues: “Ultimately, I hope that we won’t need a platform like Free Formula Exchange for very long, but I’m also realistic about how supply chain issues are impacting the ability for manufacturers to get product on store shelves. For now, I’m just a mom who feels compelled to help other moms — because that’s what moms do. We see another mom who needs help, and we step up to help. This is my way of helping.”

Zoll adds, **“Feeding our babies is a human right.”**

### **ABOUT FREE FORMULA EXCHANGE**

Free Formula Exchange is a free, nationwide mutual aid platform connecting families who need baby formula to families who have excess or surplus formula to donate. For more information and to request or donate formula, please visit <http://freeformulaexchange.com>

*Important Update: President Biden invokes Defense Production Act to boost baby formula manufacturing to ease shortage*

# CLIMATE ACTION PLAN RESOLUTION

WHEREAS: Massachusetts communities are already feeling the impacts of a changing climate, with rising temperatures, increased flooding and more intense and frequent storms, and the Commonwealth's centralized energy system and transit infrastructure are becoming more vulnerable to climate-related risks; and

WHEREAS: The transition to a net-zero greenhouse gas economy brings many potential benefits, including improved health, reduced pollution, the creation of tens of thousands of clean energy and energy efficiency jobs, and the ability to retain more of our energy dollars in the local economy; and

WHEREAS: Massachusetts can generate 100% of its energy from renewable sources by harnessing the region's abundant solar, wind, water, and geothermal resources; and, by leveraging innovations in energy efficiency and storage, green transportation, and other technologies, which will enhance its resilience and energy security; and

WHEREAS: Sustainable land use practices and planning, such as organic lawn and field care, native and animal friendly planting, creating walkable and bikeable streets and neighborhoods, managing open spaces for invasive and introduced species, and actively minimizing the impact of non-native pets and feral animals on the landscape, will support native biodiversity in and around Swampscott and build a healthier community for both residents and other native biodiversity; and

WHEREAS: Massachusetts was one of the first states to adopt a carbon emissions reduction goal, as defined in the 2008 Global Warming Solutions Act, and the Baker-Polito Administration has demonstrated continued leadership to mitigate and adapt to climate change by mandating Net Zero statewide emissions by 2050 in the 2021 Act Creating a Next Generation Roadmap for Massachusetts Climate Policy; and

WHEREAS: Local climate leadership is essential, such that 299 cities and towns across the Commonwealth have committed to reducing municipal energy use and more than 30 communities, including, but not limited to, Acton, Arlington, Ashland, Bedford, Beverly, Boston, Brookline, Cambridge, Concord, Falmouth, Framingham, Lexington, Marblehead, Melrose, Medford, Newton, Quincy, and Salem, have adopted, or are in the process of adopting, comprehensive climate or greenhouse gas emissions reduction plans; and

WHEREAS: The Town of Swampscott has been taking action to reduce its carbon emissions, promote clean energy, and increase resiliency by participating in the Massachusetts Green Communities and Municipal Vulnerability Preparedness programs, establishing a community-wide greenhouse gas emissions baseline, installing solar arrays on municipal buildings, converting to LED streetlights, installing electric vehicle charging stations, adopting an electric first vehicle purchase policy, greening its electricity aggregation, promoting residential and commercial energy efficiency programs, reducing waste town-wide, and promoting and initiating increased sustainable land use and field maintenance practices, among other efforts; and

WHEREAS: The Swampscott community, including residents, businesses and nonprofits, have demonstrated their support for renewable energy and energy efficiency, as evidenced by the recent approval of the construction of a Net Zero ready elementary school, participation in the National Grid municipal partnership program in 2016, and participation in the Massachusetts Clean Energy Center's Solarize Mass and Solarize Mass Plus programs in 2014 and 2019; and

WHEREAS: The Swampscott 2025 Master Plan directs the town to establish municipal and non-municipal greenhouse gas emissions reductions goals, to align those goals with state, national or global benchmarks, and to develop an action plan and performance metrics to achieve those goals; and

WHEREAS: The Swampscott Master Plan also directs the town to improve the town's resiliency by addressing areas vulnerable to flooding, stormwater management, sewer and other infrastructure and heat island effect.

RESOLVED: That Swampscott Town Meeting supports a goal of eliminating or offsetting by 2050 all greenhouse gas emissions in Swampscott that originate from heating and cooling, electricity consumption, Swampscott-based transportation sectors, and industrial processes. This effort will include households, businesses, the municipality, and utilities and will involve efficiency measures, demand management, investment in energy storage and low carbon transportation infrastructure, and the replacement of fossil fuels with renewable energy sources; and be it further

RESOLVED: that the Town of Swampscott will work to develop a comprehensive Climate Action Plan, the voices and interests of low, fixed income and/or vulnerable and historically marginalized members of the Swampscott community will be considered, to ensure the benefits and related costs of a transition to a clean energy economy; and be it further

RESOLVED: That Swampscott Town Meeting urges the Swampscott Legislative Delegation in the General Court and in the United States Congress to assist Swampscott and other cities and towns in achieving their greenhouse gas emissions reduction and climate resiliency and adaptation goals and to promote further local, state, and federal action to mitigate and adapt to climate change.

# EAGLE SCOUT ETHAN GRANT'S PROJECT



*"Community Achievement"*  
IS PRESENTED TO:

**Ethan Grant**

- WHEREAS:** THE RANK OF EAGLE SCOUT IS THE HIGHEST HONOR THAT CAN BE ATTAINED BY A BOY SCOUT; AND
- WHEREAS:** ATTAINMENT OF THE RANK OF EAGLE SCOUT INVOLVED COMPLETING A SERVICE PROJECT TO IMPROVE ONE OF THE SWAMPSCOTT DISCOVERY LEARNING CENTER'S PLANTERS; AND
- WHEREAS:** TO COMPLETE THIS PROJECT, ETHAN, WITH HELP FROM HIS SCOUT TROOP, ASSIGNED ROLES AND MONITORED THE WORK WHILE REPAIRING A RAISED BED AND BUILDING A GREENHOUSE SURROUNDING IT AT SWAMPSCOTT HIGH SCHOOL'S DISCOVERY LEARNING CENTER. THIS PROJECT HAS INSPIRED OTHERS WITHIN THE HIGH SCHOOL COMMUNITY TO REPAIR FAILING PLANTERS IN THE COURTYARD. THIS MAJOR COMMUNITY SERVICE PROJECT WILL UNDOUBTEDLY BENEFIT THE CITIZENS OF SWAMPSCOTT MASSACHUSETTS FOR YEARS TO COME; AND
- WHEREAS:** ETHAN HAS NOBLY AND CONSCIENTIOUSLY UNDERTAKEN THE MANY DUTIES & RESPONSIBILITIES CONSISTENT WITH THE RANK OF EAGLE SCOUT; AND
- WHEREAS:** ETHAN HAS EXEMPLIFIED THE FINEST TRADITIONS OF THE BOY SCOUTS AS A MEMBER OF BOY SCOUT "TROOP 53" AND DISTINGUISHED HIMSELF AMONG HIS PEERS AS A LEADER; AND
- WHEREAS:** ETHAN HAS PRESERVED AND ENRICHED TROOP 53 BY CARRYING OUT HIS DUTIES AS A BOY SCOUT, ESPECIALLY BY SERVING IN THE MOST DEDICATED AND CONSCIENTIOUS MANNER POSSIBLE; AND

- WHEREAS:** BECAUSE OF ETHAN'S SELFLESS EFFORTS, HE HAS EARNED THE RESPECT AND ADMIRATION OF HIS FELLOW SCOUTS, SCOUT LEADERS AND COMMUNITY MEMBERS ALIKE; AND
- WHEREAS:** IN EARNING THIS HIGH RANK, ETHAN JOINS AN ELITE AND HONORABLE FRATERNITY OF ACHIEVERS THAT COUNTS AMONG ITS MEMBERS AN EXTRAORDINARY NUMBER OF THIS NATION'S GREAT LEADERS IN BUSINESS, GOVERNMENT, EDUCATION, AND OTHER SECTORS OF SOCIETY; AND
- WHEREAS:** IT IS FITTING THAT THE TOWN OF SWAMPSCOTT SHOULD RECOGNIZE MR. GRANT FOR HIS VOLUNTEERISM, HIS HARD WORK, AND HIS DEDICATION TO THE HIGHEST IDEALS OF PUBLIC SERVICE; AND

**NOW THEREFORE:**  
ON BEHALF OF THE ENTIRE SELECT BOARD, WE DO HEREBY PRESENT THIS CITATION OF COMMUNITY SERVICE TO:



**Ethan Grant**

IN SWAMPSCOTT, MASSACHUSETTS AND URGE OTHERS TO JOIN US IN EXTENDING CONGRATULATIONS TO MR. GRANT AND HIS FAMILY FOR THIS EXCEPTIONAL DEMONSTRATION OF CIVIC LEADERSHIP, A WILLINGNESS TO BE OF HELP TO OTHERS, AND ALL THE SUPERIOR SUPERLATIVES AS RECOGNIZED BY ETHAN'S ATTAINMENT OF THE PRESTIGIOUS RANK OF EAGLE SCOUT.

**IN WITNESS WHEREOF,** WE HAVE HEREUNTO SET OUR HANDS AND CAUSED TO BE AFFIXED THE SEAL OF THE TOWN OF SWAMPSCOTT, MASSACHUSETTS, THIS 14<sup>TH</sup> DAY OF MAY, 2022.

Swampscott Select Board

*J. Neal Duffy*  
**Neal Duffy**  
Vice Chair

*Mary Ellen Fletcher*  
**Mary Ellen Fletcher**

*David Grishman*  
**David Grishman**

*Catherine Phelan*  
**Catherine Phelan**

*Peter Spellios*  
**Peter Spellios**

*Sean Fitzgerald*  
**Sean Fitzgerald**  
Town Administrator

## FIRE DEPARTMENT



New recruits Dennis Barry & Brittney Coppinger doing some in-house training during their first week. Shown is Assistant Training Officer/Firefighter Tom O'Neill. Dennis & Brittney will be attending Fire Academy in the coming weeks.

## NEW ELEMENTARY SCHOOL

The Earth Removal Permit for the new elementary school has been approved and signed by the Board. We added the Select Board's suggestions, including extending the area around the blast site for pre-blast surveys from the state mandated 250' to 300'. Anyone living between 300'- 500' is eligible for a pre-blast survey should they request one and residents between 500'-1000' can also request one. These requests will be taken on a case-by-case basis. The Town is committed to helping residents through this project and will have a dedicated town employee available for them to reach out to with their concerns.

## POLICE

Chief Quesada, Sgt. MacDonald and Det. Delano recently held a **"Town Hall"** discussion with Machon residents and will be looking to continuing "town hall" discussions throughout the community.

Police, in conjunction with Fire, have also started **"Hi-Five Fridays"**. Representatives from both departments visit local schools and daycares on Fridays.

Police also have a new initiative – **"Drive for Kindness"** at all of the elementary schools. One student per month is rewarded with a ride to school in Officer Bruce Wilson's police car for performing a random act of kindness. High School Seniors decorated boxes to look like police cars. Staff members add names to boxes when they observe a student performing a random act of kindness. At the end of the month, the student whose name has the most adds is selected for a ride to school.

Officers Breen & Wilson are hard at work organizing a one-week **Youth Police Academy** this summer for High School students who may be interested in a future in Law Enforcement.

Last, but certainly not least, Officer Brian Wilson will be escorting fifteen 4<sup>th</sup> graders to the annual **D.A.R.E. camp** run by the District Attorney's office and local police departments.



## SENIOR CENTER NEWS



May CPR/AED & First Aid training at the Senior Center by Firefighter Steve Sentementes

**Register to walk and help the Senior Center compete to win \$1000!** Run, jog or walk and earn chances to win prizes for you and your Council on Aging! This INTERGENERATIONAL community-wide challenge is open to all. Individuals ages 60 and over may register themselves and those ages 5-59 may register to walk in honor of a senior. Register to participate in the Challenge by logging on to [www.walkmachallenge.com](http://www.walkmachallenge.com); **2.** Choose your challenge: **The 1788** (88 30 minute walks between now & Oct. 31st), **The Turnpike** (.7 miles/1380 steps a day), **The Shoreline** (1.1 miles/2090 steps a day), or **The Commonwealth** (2 miles/3820 steps a day); **3.** Keep up with logging your miles and spread the word!

**Be on the lookout** for the Swampscott Active Aging Resource Guide brought to you by the Swampscott Senior Center, Council on Aging & Swampscott for All Ages Committee!

# RAIN BARRELS



## THE GREAT AMERICAN RAIN BARREL *Your Water Supply Solution During Water Restrictions*

### SWAMPSCOTT 2022 Rain Barrel Program

#### *Reasons Why You Should Buy a Rain Barrel*

- Decreases your water bill by up to 40%
- It is an alternate source of water during drought
- Rainwater is a healthy, chlorine and chemical-free water source for plants and gardens
- Improves residential storm management
- Rain barrels slow pollution from runoff
- Lower municipal water demands & save energy at treatment plants

#### *About The Great American Rain Barrel:*

- 100% re-purposed, food grade, UV protected and BPA free barrels. **Produced in Massachusetts**
- Most durable rain barrels on the market: 3/16" wall thickness
- Will last for years when properly drained & stored for winter. Pay for themselves in one year
- Screen filtered to keep mosquitoes out
- Several rain barrels can be linked together — easy 5-minute setup
- **Available Colors:** Forest Green, Earth Brown, and Nantucket Grey. Also available unpainted

#### *How to Purchase Your Rain Barrel:*

Rain Barrels are available for purchase by residents at the discounted price of \$79.00

**How to Order:** <https://www.greatamericanrainbarrel.com/community/> Select Town and State

**Pick-Up:** Saturday July 9th, 9:00 AM-12:00 noon Swampscott DPW 200 Paradise Rd

**Deadline:** June 30th Midnight



## RECREATION & EVENTS

The **Farmer's Market** kicks off June 12<sup>th</sup> at 10:00 A.M. on the Town Hall Lawn. The Renewable Energy Committee will have a booth there which will include a showcase on Electrification. The purpose of this showcase is to help residents learn about the benefits of electrification for their homes and vehicles. Residents will be able to view and learn about electric and hybrid cars and meet & ask questions of individuals who currently own electric cars. Representatives from REVISE will be there to provide information & schedule home energy audits.

### **Swampscott Summer History Festival Celebrating 170 Years (1852-2022)**

This year, the long and languid days of summer will herald the 170th anniversary of Swampscott's incorporation as an independent town on May 21, 1852. The Swampscott Historical Commission and the Recreation Department (with support from the Massachusetts and Swampscott Cultural Councils) are asking Swampscott to come together as a town for a celebration of its history and its community in an interactive, history-focused summer festival! Let's celebrate the on-going story of Swampscott through the centuries: its history, its people, its resiliency, and its future.

The festival will take place from Saturday, June 25 to Sunday, June 26, 2022. It will overlap with the Farmer's Market and incorporate and expand on the events of HarborFest and the Strawberry Festival. Events will be held on the town common, Linscott Park, and on the waterfront.

#### **Saturday (HarborFest & Waterfront)**

*10 a.m. - 2 p.m.*

Event Kickoff - 10 a.m.  
Songs and Sea Shanties  
Kids Games on the Beach  
Paddleboard Race  
Harbor Tours  
BBQ Lunch  
Blessing of the Fleet  
Art and Information Booths  
Historical Info on Swampscott Dory and  
Lobster Pot  
Humphrey House Open House

#### **Sunday (Strawberry Fest, Parade, & Town Hall)**

*10 a.m. - 1 p.m.*

Expanded Farmer's Market  
Craft Demonstrations: Blacksmith, potter,  
glassblower, & shoemaker  
Walking Tours  
Native Land Use Talk  
Town Hall Historical Exhibit  
Library Historical Exhibits  
Raffle for 1851/1852/1853 silver coins  
Atlantic #1 Hand tub (19th-cent fire engine)  
*4 p.m. to 8 p.m.*  
Art, Information, and Food Vendors  
Beer Garden  
Parade - *5 p.m.*  
Concert by Brian Maes - 6-8 p.m.

For more information, please reach out to SHC member Ryan Judkins ([rrjudkins@gmail.com](mailto:rrjudkins@gmail.com)) or Swampscott Rec Director Danielle Strauss ([dstrauss@swampscottma.gov](mailto:dstrauss@swampscottma.gov)).

The Town of Swampscott invites you to sign up for:

# SWAMPSCOTT'S TOWN WIDE YARD SALE

**Declutter, recycle, and reuse!**

\$20/household to participate

**You'll get:**

- One Yard Sale sign with stakes
- Featured on a town wide map for shoppers to find you
- Automatic Yard Sale permit for the day

**SATURDAY, JUNE 11TH  
8AM-12PM**

**@ YOUR HOUSE**



## Register for Pickleball Lessons with Swampscott Recreation

Classes start 6/4 Saturdays 12-1pm  
or  
Tuesday 6/7 6:30-7:30pm



Register at  
[Swampscottrec.com](http://Swampscottrec.com)

Check out all the great programs on [Swampscottrec.com](http://Swampscottrec.com). It's time to sign up for summer programs!

## VETERAN SERVICES

In March, vets hosted a fundraiser for Swampscott Police Officer Tom Lucas; April saw a Vietnam Veteran Remembrance Ceremony followed by a pizza party for the veterans for Habitat Plus in May as well as launching a VFW Auxiliary on May 7<sup>th</sup>.

### **Remembrance Ceremony**

There will be a Remembrance Ceremony for Capt. Harris, Specialist Raymond & Purple Heart Fox on May 29<sup>th</sup> as well as flagging veterans graves for Memorial Day and a post-ceremony social.

### **Retire Your Old Flags**

June 11<sup>th</sup> – community Flag retirement ceremony on Fisherman’s Beach at dusk

### **Other Upcoming Events**

July 3<sup>rd</sup> Fireworks celebration; July 30<sup>th</sup> Run to Home Base 9K Road Race.

For more information and for upcoming events, please “like” the following FaceBook pages!

<https://www.facebook.com/VeteransPost1240>

<https://www.facebook.com/Lynn-Swampscot-DAV-Chapter-64-110024237131798>

<https://www.facebook.com/LynnSwampscottVets>

<https://www.facebook.com/MilitaryFriendsFoundation>