

## Swampscott Council on Aging Board Meeting

### Minutes May 10, 2022

In Attendance:

Barbara DiPietro, Kathie Kieser, Deb Newman, Jenn Nisbet, Molly Rowe, Marie Yannaco-Grant and Heidi Whear in person.  
Marilyn Cassidy and Robert Powell on ZOOM.

Meeting called to order by Heidi Whear at 9:04 AM.

Minutes of April 12, 2022 meeting were reviewed. Heidi asked for comments; none offered. Approval moved by Barbara DiPietro, seconded by Jenn Nisbet. Unanimously approved.

Heidi asked that we start the meeting by reviewing the Resource Guide.

#### 1. COA Promotion Grant:

- Sabrina Clapton and Heidi Whear offered a power point and hard copy of the expected Resource Guide. Suggestions were sought of the Board members, many useful suggestions were made and incorporation into the document.
- Format organized to be age friendly.
- The eight domains of community life were highlighted.
- Board complimentary of the hard work and finished product of the Resource Guide.
- Web Site to be a collaboration between COA and Swampscott For All Ages with a link to Swampscott Friends.
- Grant funding the Resource Guide and Web Site is to be spent by the end of June.

#### 2. Mission Statement:

- International movement toward the re-writing of COA Mission Statements.
- Revised statement had been e-mailed to the board.
- Discussion of revisions to the Mission Statement.
- Approval to accept the revised Mission Statement by Barbara DiPietro, seconded by Jenn Nisbet. Unanimously approved.

**“We at the Swampscott Council on Aging are committed to serving all with dignity and positive regard. We aim to identify and respond to the needs of all as we age and to advocate accordingly. Additionally, we strive to promote awareness in the community of issues regarding older adults.”**

#### 3. Kitchen:

- Kitchen renovation is underway.
- Can currently cook and provide meals for 24.
- Budget funding did not provide funds for a cook.
- Meals are currently being provided through a collaboration with the High School.

#### 4. Bathroom Upgrade:

- Friends of COA suggested upgrading the bathroom sinks and countertops.
- If the kitchen upgrade does not utilize all of the funds, there might be funds available for the bathroom changes.

#### 5. Salon:

- Salon is now open every other week.
- Stylist is a licensed beautician and barber.
- Participants reported the first day was a huge success.

#### 6. Swampscott for All Ages:

- Meeting with the Select Board to terminate the former committee and start a new, more manageable committee. It is expected that a number of the former committee members will apply.
- Suggested that the Senior Center set up a table for the Town Meeting.
- Seaglass Village:
  - Currently 84 members.
  - Reporter from the GLOBE has been in touch and will be interviewing because Seaglass was one of the only community services available during COVID.
  - At this time looking for sponsors and vendors.
- Transportation:
  - Salem Skipper Program is a possible expansion of it's services to Swampscott.
  - Currently looking for funding sources.

#### 7. Age and Dementia Friendly Businesses:

- No new information to offer at this time.
- Deb Newman offered to reach out to Swampscott Restaurants to educate and see if there is interest.

#### 8. New Business:

- Beach Party in July at the Fish House being planned. Discussion of menu.
- Robert Powell asked:
  - How do we compare to other area COA's?
  - Is the increase of funding in the Town Budget an increase in the senior participation?
  - Heidi will research and report at the next meeting.
- Heidi addressed Revolving Fund:
  - Some classes are making money and many are free.
  - Classes and Activities combined, center has made approximately \$900.
  - Center is breaking even.

NEXT MEETING: June 14, 2022 @ 9:00 at the Senior Center.

Meeting Adjourned:

Deb Newman moved to adjourn the meeting, seconded by Barbara DiPietro. Meeting adjourned at 10:05 AM.

Respectfully Submitted,

Marie Yannaco-Grant