

**Swampscott for All Ages Committee**  
**Minutes**  
**October 12, 2022**  
**7:00 pm – 8:30 pm**  
**Swampscott Senior Center – 200 R Essex Street**

Present: Robert Powell, Michele Audet, Patricia Hines, Jenn Nisbett, Joan McCormack, Sue Sussman, Margaret Somer, Alyce Deveau and Heidi Whear

Welcome and Introductions

Electing Officers – This was tabled until next month since members had not yet been sworn in. Heidi will ask Town Clerk to next meeting to swear everyone in at the same time.

Review of 5-year Action Plan – Heidi summarized the Action Plan including discussion of Domains and summary of accomplishment to date.

1. Housing
  - a. Seaglass Village – 95 members, 55 volunteers.
  - b. Hadley Reuse Committee - Bill DiMento was on the committee. Excellent representation for Affordable Housing for Seniors
  - c. Talk About Town programs to educate on Affordable Housing, ADUs
2. Health and community services including Dementia Friendly initiative.
  - a. Dementia friendly initiative – Weekly Caregivers support group, memory café, memory kits.
  - b. Future training of staff.
  - c. Working on Social Day program
3. Transportation
  - a. Research Skipper – too expensive. Researching grants.
  - b. Seaglass village provide mostly rides.
4. Respect and Inclusion combined with Social Participation
  - a. Largely dementia education – printed small business-like cards for caregivers to have to hand out.
  - b. Talk About Town – Inclusion of our older adults through cable TV and in person trainings.
    - i. LGBTQ
    - ii. Juneteenth
    - iii. Black History Month
  - c. Topics of respect: Education on dementia friends.
  - d. Welcome Benches – one at Town Hall and 3 at Senior Center
5. Communication and Information
  - a. Resource guide – grant to develop, print and mail to every home with someone over 40 in Swampscott
  - b. Website - under development. Four volunteers to help review – Michele, Jenn, Sue and Pat.
  - c. Talk About Town – continuing review of more topics.
6. Outdoor spaces and Buildings

- a. Welcome Benches
- b. Increasing hours open at the senior center to accommodate more programs.
- 7. Civic Participation and Employment
  - a. Resource Fair – anticipate working with Town to plan and host a fair in March 2023

Action Plan update – Heidi will update the plan, document year 2 accomplishments.  
2023 will be Year 3.

Upcoming opportunities.

1. Introduction to Website – November 2022
2. Health Fair in March 2023
3. Purple Reservation – January 2023
4. ADU work with Planning Department – present for vote in Spring 2023 town meeting
5. Dementia Training for Swampscott Staff – January 2023
6. Community garden at High School
7. Special weekly news show for TV – reach out to local famous newscasters.
  - a. Age Tech Revolution
  - b. Affordable Housing
  - c. Technology – Apple Watch
  - d. Housing Summit

Creation of an Advisory Committee of local organizations including

GLCC – Colin Codner

EOEA – Bill Travascio

YMCA – Brian Flynn

GLSS – Kathy Burns

Select Board – Mary Ellen Fletcher

Police – Chief Casada

Fire – Chief Madigan

Swampscott Administrator – Sean Fitzgerald

Hospital – Dr. Harvey Zarin or Rebecca Lee

Behavioral health – Dr. Howie Abrams

Superintendent – Pam Angelakis

Faith Based – Ian Holland

Open to more ideas.

Next Meeting – November 16 at 7:00 pm at Swampscott Senior Center.