Council on Aging Board of Directors Meeting

January 14, 2021

In attendance: Maureen Callahan, Bob Powell, Heidi Whear, Judee Cyr, Kathy Keiser, Marilyn Cassidy, Gina Bush, Neal Duffy (Selectman rep.).

Minutes of December meeting reviewed and accepted.

Old Business

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- A. Holiday Go was a success with a delicious catered meal and Santa giving out \$15 gift cards to Market Basket, donated by The Friends.
- B. Bulk Mailing has begun with 800 copies of the Compass being mailed to our data base.
- C. Anchor Food Pantry is still awaiting a decision on location.

II. New Business

- A. Previous week's count of Covid in Swampscott was 85 people but now up to 668.
- B. There has been a second exposure at the Center. Thus they have cut back to 2 deliveries per week but with enough food for the entire week.
 - 1. January 29 will be the last day of our deliveries as it will go over to Glss and the 29 seniors still on our list.
- C. Vaccinations...Gina is trying to stay involved in the plans but no definite plans yet.
- D. Capital Improvements
 - Working on getting a new kitchen, Gina has been working with an architect and will then meet with the facilities director. Sean has asked Lori Erlich for help. Neal is communicating with Sean.
- E. Virtual Wine Tasting will be on January 28th with Myer Gosslin.
- F. Senior Programming will be shared with local COAs and will be used on our cable channels. Other sharing is in the pipeline.
- G. Virtual Pen Pals would work from our Zoom Room if we can generate interest. Technology is being prepared.
- H. Fuel Assistance and Tax Preparation
 - 1. Tax Preparation will be available for 4 Fridays with ½ hour appointments over the phone for residents only.
 - 2. Applications for fuel assistance are available along with assistance in preparing them.
- I. The foot doctor will be here on 1/14 by appointment.
- J. Seamstress service is available by appointment.
- K. New exercise classes and some new instructors are being taped.
- L. Shoveling program had a few kinks in the last storm, mainly transportation. The use of our van is under consideration.

- M. Heidi did a presentation of Seaglass Village which is made up of Swampscott and Marblehead and is a network of volunteers with a mission of helping people to stay in their homes. It is a membership organization with 350 in the country and 28 in Massachusetts either active or in formation.
 - 1. Volunteer services are core to the group with primary concerns being homeowner issues, transportation and sociability.
 - 2. It is formed using a business model of fund raising, Cori and scholarship.
 - 3. Membership fees are as follows:

a.	Individual	\$ 360
b.	Household	540
c.	Supporter	120
d.	Membership assistance	60
e.	Volunteers	0

- 4. The website is seaglassvillage.org
- N. Heidi also explained the Dementia Training Program
 - 1. They would like the 1 hour on line training to be for at least 80% of the town employees...hoping to have it set up for 4 times. The main message is empathy and understanding..

Meeting adjourned 9:30

Respectfully submitted,

Marilyn L Cassidy