

Swampscott Council on Aging Board Meeting

Minutes January 11, 2022

In Attendance:

Maureen Callahan, Marilyn Cassidy, Barbara DiPietro, Robert Powell, Neal Duffy, Deborah Newman, Molly Rowe, Marie Yannaco-Grant and Heidi Whear.

Meeting called to order by Marilyn Cassidy.

Minutes of December 14, 2021 meeting review and approval.

Motion to approve by Marilyn Cassidy, seconded by Barbara DiPietro.
Unanimously Approved.

1. COVID Adjustments:

- Heidi reported effective 01/10/2022 a two week pause in, in-person activities. No games around tables. Exercise moved to ZOOM. Goal: keep participants socially distanced and safe.
- Approximately 50 participants a day were at the Center.
- Calls were made to notify those who attended scheduled activities and isolated individuals. Calls will be continued.
- No food has been served since the beginning of 2022.
- Podiatrist, Shine and Ninja will continue in person sessions.
- Vaccine Clinic held on 12/28/2021 was a success. 144 individuals received shots or boosters. Another clinic will be scheduled.

2. Social Isolation Committee:

- Meeting was held with Swampscott Police.
- Triad consisting of representation from Police, Fire and Senior Center to be convened. Monthly meeting to collaborate on plan to keep seniors safely in their homes.

3. School Collaboration:

- Shoveling: Students who signed up will receive school credits for shoveling. BSW Student Intern will be setting up MAP to match students with those in need of shoveling.
- Pop-Up Art on hold due to COVID
- Meals: Discussion regarding Meals on Wheels, determination on hold. Anchor Food Pantry delivering meals to shut-ins.

4. Communication:

- MCOA Grant approved, \$7,800. Grant will provide funds to create a web-site to connect the Swampscott Senior Center and Swampscott for All Ages. Grant will also fund a paper Resource Guide to be distributed to every household in Swampscott. Task must be completed by June 30, 2022.

5. Swampscott for All Ages:

- Year One Action Plan submitted to AARP Massachusetts. Positive feedback received and plan was forwarded to AARP National Office.
 - UMASS Assessment was included.
 - Year one was started in 2020.
 - Next step to prioritize actions.
6. COA Board Opening:
- Explanation of procedure for nomination.
 - Jen Nisbet, who is involved in Swampscott for All Ages, is an interested candidate.
7. Cafeteria may be wired:
- Assessment to be completed today to determine if the room can be wired.
 - If yes, TV to be purchase with funds from Friends and the town.
8. Swampscott Housing Authority Council Meeting:
- Space was made available at the Senior Center.
 - Transportation was provided.
9. Social Work Intern:
- Not available due to COVID Restrictions. Will be introduced at the next meeting.
10. COA Annual Report 2020-2021:
- Tabled, numbers not available yet.
11. Questions asked of Neal Duffy:
- Hadley School Space. Currently under discussion. The report, *Potential Re-Use Options for the Hadley Elementary School*, was made available to the board members.
 - Elm Street Project. ZBA has had one hearing; meetings to continue.
12. Barbara DiPietro compliments Heidi Whear on a job well done.
- She thanked her for making decisions to keep people safe.

NEXT MEETING: February 8, 2022 @ 9:00.

Meeting Adjourned:

Marilyn Cassidy moved to adjourn the meeting. By unanimous vote the meeting adjourned at 10:00 AM EST.

Respectfully Submitted,

Marie Yannaco-Grant