# **Town of Swampscott**

### Board of Health

## SWAMPSCOTT, MASSACHUSETTS 01907

The Board of Health, with Marianne Hartmann, Chairperson, Emily Cilley & Allison Oxton in attendance, along with Jeff Vaughan, Health Director & Linda Paster recording attended its monthly meeting on March 25, 2019 opening at 6:00 pm. Allison Oxton was unable to attend this meeting. Minutes to the

#### **BOARD OF HEALTH**

#### PUBLIC HEARING

The Public Hearing is attended by the full compliment of Swampscott Board of Health, also attending is Joyce Redford, Director of North Shore Cape Ann Tobacco Policy Program. Ms Redford stated that the Combustible tobacco or liquid nicotine has risen by 78% in the High Schools and 48% in the Middle Schools. Flavored combustible tobacco includes but not limited to; grape, cherry mango, vanilla. The brand name Juul has a nicotine content of 59ml or 1 pod = 1 pack of cigarettes. The human reaction to nicotine is changes in the brain, mood, concern for memory. The CDC and FDA acknowledge the addictive qualities. Swampscott doesn't have any adult only tobacco shops where no one under 21 is admitted to the premises, however the product is also available to purchase online. The economics of this industry is unregulated, while Atty. Generals are working hard to conquer. Salem, Marblehead, and Lynn are watching the process. There are 351 cities and towns in Massachusetts 142 Massachusetts communities restrict flavored tobacco products. Schools are busy trying to regulate the behavior with some saying it's not a school problem but a problem of leadership, all the way to a town in New Jersey has removed doors from its bathroom. At Swampscott High School they patrol the corridors and bathrooms for vaping and find users charging their devise on USB. The human damage from tobacco is known and serious the toll on the human body from vaping nicotine is unknown. The Phillip Morris Agency has a 30% shire in JUUL. Naomi Dreeben representing the Board of Selectmen stated that the total Board has school age children, schools energy is going to policing vaping and not education which is why the children are there. In a survey done by truth initiative JUUL customers make a purchase 74% from a store, 20% from adult only stores, and 6% on-line purchase

Emily Cilley made motion to close the public hearing. Allison Oxton second.

Meeting adjourned 6:30 pm.

Jim, a Swampscott resident stated he started smoking sixty years ago and it to 15-18 tries to successfully stop.