

approved  
2-13-2018

**Swampscott Senior Center**

**Board of Directors Meeting**

**January 9, 2018**

In attendance: Norma Freedman, Peter McNerney, Robert Powell, Heidi Whear, Ruth Iarrobino, Judy Cyr, Mary Cobett, Marilyn Cassidy, Marilyn Hurwitz

- I. **Guest speaker** Gerald MacKillop, Jr. Executive Director of the YMCA, attended the meeting to speak on a connection between the Y and Senior Centers referred to as Healthy Living for Aging Population.
  - A. Through social interaction they work with the community as a partner. Three areas they look at are
    1. Create shared values of health and wealth for senior citizens
    2. Collaborate across multiple sectors
    3. Improve efficiency of community offerings
  - B. He passed out brochures listing many of the programs already in place.
  - C. Marilyn H. expressed a concern for the lack of space to run any additional programs, such as Enhanced Fitness, or to provide storage for equipment, to which he replied they could run the latter at the Y building. There is a minimum commitment of 10 and seniors would have to become Y members.
  - D. This is open for further investigation.
- II. **Old Business**
  - A. Holiday Party was successful, thanks to the Friends for the gifts and the Girl Scouts for the candy.
  - B. Snow removal not done appropriately. Peter M will draft a letter to the DPW/Assistant Town Manager (Gino).
- III. **New Business**
  - A. Medical rides...a new plan will be put out for seniors to be taken to medical appointments within certain areas.
  - B. New classes include a new art class on Thursdays at 9:00 and bridge from 12:30-3:00.
  - C. Valentine Party will be February 10 with Howie Connolly for entertainment.
  - D. Questions and/or concerns?

1. Rober P. suggested we think about capital improvements for the coming year,

Meeting was adjourned at 9:30 AM

Next meeting February 13, 2018

Respectfully submitted,

Marilyn L Cassidy